National University
Science & Technology

الــجـامـعـة الوطنيـة
للعلـوم والتكنولوجيا

كليـة عمـان البحـريـة الـدوليـة
International Maritime College Oman

ACADEMIC YEAR 2023–2024

Program	Term	Semester	Paper
FOUNDATION	**2**	**2**	**MAIN 1**

MODULE NAME:	**ENGLISH INTERMEDIATE**		
MODULE CODE:	**FENG002**	**EXAM DATE:**	**21/07/2024**
TEACHER'S NAME:	**Leena. V**	**DURATION:**	**2 hrs.**

Questions to be answered on:	Allowed requirements	Number of pages
Space provided on the question paper	Pen	(Incl. Cover Page): 10

Points of Attention:

- For each question, the maximum earned points are mentioned between brackets at the end of each question.
- Write very clearly. Answers that are not readable are not marked and don't get points.
- Make sure your answers are written to the point.
- All answers must be written **in English**.
- Write all the answers **in blue or black pen only**.
- When finished, submit the question paper, together with the answer scripts and the signed cover page to the invigilator.
- Any cheating/copying may fail the examination.

STUDENT NAME:	
STUDENT ID:	
CLASS:	

40

Listening (15)	Reading (15)	Language (30)	Writing (20)	Total (80)

LISTENING	[15 Marks]

Listening 1

Part 1

Task 1. Listen to a conversation between a customer and a hotel receptionist.
Write **T** if the statement is *True* or **F** if the statement is *False.*   **(5 marks)**

1. The Royal Oak is in the country side.   _____

2. The Carlton House is a new hotel.   _____

3. The Imperial Hotel offers facilities for business functions.   _____

4. The Bridge Hotel has an indoor swimming pool.   _____

5. The Majestic Hotel has a fitness centre.   _____

Task 2. Compare between Carlton House and Imperial House which are located in the city centre.
Write *ONE WORD AND/OR A NUMBER* for each answer   **(6 marks)**

Comparing between Carlton House and Imperial House
Carlton House   **Type of building:** 6. _____ building   **Was originally a:** 7. _____ house   **How many stars:** 8. _____ stars
Imperial House   **Type of building:** Modern building   **How many stars:** 9. _____ stars   **Facilities :** 10. _____   11. _____ connections   Meeting rooms

(Idpielts.me, 2019)

Part 2

Task 3. Circle *FOUR* correct answers for Questions 1-2   **(4 marks)**

12. Circle the **TWO** factors that can make social contact in a foreign country difficult.

    a. language

    b. work

    c. customs

    d. food

13. Circle the **TWO** types of community groups the speaker give examples of.

    a. music

    b. town hall

    c. theatre

    d. public library

(Idpielts.me, 2019)

READING	**[15 Marks]**

Reading 1

You are what you eat

You are what you eat, say scientists. Scientists have cast new light on the effects our diet has on our mental health. Researchers say what we eat affects and changes our brain chemistry up until the age of 30. They say this explains why older adults are more emotionally stable than under 30s. The research was conducted by a team led by Lina Begdache, a professor of health and wellness studies. Researchers said that there is less research on the influence our dietary intake on mental health.

The researchers also suggested that mental well-being is increased by healthy eating, healthy practices, and exercising. On the otherhand, junk food increases mental distress, anxiety and depression. The research was carried out by an anonymous internet-based survey. It was sent through social media platforms to different professional and social group networks. Professor Begdache found that for adults over 30, eating less carbohydrates and more fruit reduced anxiety and depression. Begdache pointed to research showing how a Mediterranean diet was as good for our brain as for our body. She said: "It has all the components that are important for the healthy structure of the brain."

(Nuswantro, n.d.)

Task 1. Read the statements. Write T if the statement is *True* and F if the statement is *False*.

(3 marks)

1. The research was conducted by a team led by Lina Begdache. _____

2. The survey used for the research was conducted in-person. _____

3. The Mediterranean diet is suggested to be beneficial for both brain and body health. _____

Task 2. Circle the correct answer. **(2 marks)**

1**.** What increases mental health?

   a. Healthy practices
   b. Reading regularly
   c. Consuming dairy products frequently
   d. Drinking coffee daily

2. What types of food reduced anxiety and depressions for adults over thirty?

   a. less sugary food
   b. less vegetables
   c. more fruit
   d. more carbohydrate

Task 3. Answer the questions briefly. **(2 marks)**

1. How was the research sent?

_____

2. How does junk food affect adults?

_____

Reading 2

The Benefits of Reading Books

Reading books has numerous benefits for individuals of all ages. Firstly, it improves brain functions that is cognitive functions and it is mentally challenging. Engaging in reading activities helps to improve vocabulary, concentration, and critical thinking skills. Studies have shown that regular reading can slow the progress of brain functions in older adults.

Secondly, reading can significantly reduce stress levels. Reading a good book can take a reader to different worlds, providing an escape from everyday stressors. It has been found that just six minutes of reading can reduce stress by up to 68%.

Additionally, reading can improve kindness and social view. When readers engage with characters and stories, they often put themselves in the characters' shoes, which increases their understanding of different views and emotions. This can lead to better people to people relationships and social skills.

(Open AI, 2024)

Task 1. Read the statements. Write T if the statement is *True* and F if the statement is *False* or NI if there is *No Information* about the statement. **(3 marks)**

1. _____ Reading books has no effect on stress levels.
2. _____ Engaging with chracters in books can improve kindness.
3. _____ Reading helps technical skills.

Task 2. Circle the correct answer. **(2 marks)**

1. How long does it take for reading to reduce stress by up to 68%?

   a. 30 minutes
   b. 20 minutes
   c. 10 minutes
   d. 6 minutes

2. Which of the following is a benefit of reading books?

    a. Increases physical strength
    b. Enhances vocabulary
    c. Causes stress
    d. Deteriorates cognitive function

Task 3. Answer the question briefly.   **(3 marks)**

1. What are the cognitive benefits of reading books?

_____

_____

2. Give **ONE** benefit of reading.

_____

_____

3. How can reading books improve social skills?

_____

_____

LANGUAGE   [30 Marks]

Task 1. Complete the sentences with the *Present Simple or Present Continuous* form of the verbs.

(5 marks)

1. She _____ (read) a book every night before bed.

2. We _____ (play) football on weekends.

3. _____ (you / like) chocolate ice cream?

4. We _____ (visit) our grandparents this weekend.

5. _____ (they / come) to the gym later?

Task 2. Circle the correct answer.   **(6 marks)**

1. She _____ TV every evening after dinner with her family.

   a. watches   b. is watching   c . watched

2. He _____ the guitar in his room right now.

   a. played   b. plays   c. is playing

3. They _____ to the park for one hour today.

   a. went   b. have gone   c. go

4. We _____ dinner when the phone rang unexpectedly.

   a. ate   b. have eaten   c. were eating

5. She _____ her homework before she went out to play.

   a. finished   b. was finishing   c. had finished

6. He _____ dinner last night and it was delicious.

   a. cooked   b. had cooked   c. cook

Task 3. Underline and correct the verbs in the sentences.
   (0.5 for underlining and 0.5 grammar mistake)   **(5 marks)**

Example 0. They ***might to go*** out for a meal.

              might go

1. She don't like apples.

_____ .

2. They was happy with the results.

_____ .

3. I have saw that movie before.

_____.

4. She walking to the store yesterday.

_____.

5. They was planning a surprise for her.

_____.

Task 4. **Complete the sentences with *Past Simple, Past Continuous or Past Perfect* form of the verbs in brackets.** **(2 marks)**

1. They _____ (already / eat) dinner when we _____ (arrive).
2. He _____ (walk) into the room while she _____ (read) a book.

Task 5. **Complete the First Conditional sentences with the verbs in brackets.**
(0.5 marks for Grammar and 0.5 marks for meaning) **(2 marks)**

1. If you _____ (exercise) regularly, you _____ (feel) healthier.
2. He _____ (not / go) on a a holiday if he _____ (not / find) good hotels.

Task 6. **Use the words in the box to complete the sentences**. There is *ONE EXTRA* word. **(5 marks)**

influence	audience	waterfalls	challenges	handful	privacy

1. Parents can _____their children's values and beliefs.
2. The speaker attracated the _____ with her wise words of wisdom.
3. The _____ in Salalah are beautiful.
4. The team faced many_____ during the project, but they worked hard and

   succeeded in the end.
5. People don't have any _____ due to social media.

Task 7. Make a meaningful sentence using the given word.
(0.5 marks for grammar & spelling and 0.5 marks for meaning)   **(5 marks)**

Example: 0. *social* (adj.) – *You should have an active **social** life.*

1. *atmosphere* (n.)

_____

2. *ban* (v.)

_____

3. *dangerous* (adj.)

_____

4. *risk* (n.)

_____

5. *ambition* (n.)

_____

MLO & Bloom's Level of Complexity

Q #	MLO Addressed	Complexity Level	Mark	Remark
L. 1	2	Understanding/ Analysing	4	
L. 2	2	Understanding/ Analysing	7	
L.3	2	Understanding/ Analysing	4	
R. 1	2	Understanding/ Analysing	3	
R. 2	3	Analysing	2	
R. 3	5	Creating	2	
R. 1	2	Understanding/ Analysing	3	
R. 2	3	Analysing	4	
R. 3	5	Creating	3	
La. 2	1	Understanding	6	
La. 3	5	Creating	5	
La.4	4	Evaluating	2	
La. 5	4	Evaluating	2	
La.6	1	Understanding	5	
La.7	5	Creating	5	
W.1	5	Creating	20	

References:

Idpielts.me. , (2019). *Free IELTS Practice Test Online | IDP IELTS*. [online]. Available at: https://idpielts.me/prepare-ielts/free-ielts-practice-tests/ . [Accessed 30 December. 2019].

Nuswantro, U. , (n.d.). *Intermediate English Reading*. [online] . Available at: https://repository.dinus.ac.id / docs/ intermediate Reading 2021.pdf. [Accesses 20 June. 2024].

Open AI . , (2024) . *The Benefits of reading books*.[online]. Available at: https://chatgpt.com. [Accessed June 6 2024].